

got uku?



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Non-toxic Uku Treatment

There are many treatments you can use for uku (headlice). Whatever treatment is used, you need to clean your environment and at the same time, continually check for nits or eggs until they are gone.

Use original Listerine (brown or orange bottle). **Do not use flavored Listerine.**

Mix equal portions of Listerine and shampoo. Shake well. Apply to dry hair. **Do not get into eyes.** Leave on for 10 minutes.

Rinse off, apply conditioner, and rinse again. Comb hair out and remove dead lice. Remove the nits or eggs. **Do not share combs or towels with anyone.**

Use this every three days for twelve days, and it will continually kill the live uku as they are hatching. Wash clothing and bedding in hot water. Place pillows in a large, sealed plastic bag and leave in the sun for 1 hour.



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